

TACTICAL

NUTRITION SUMMIT



AGENDA

Tuesday August 2, 2022

Time	Title/Session	Speaker
12:30 – 1:00 PM	REGISTRATION	
1:00 – 1:10 PM	Welcome, Opening Remarks	Committee
1:10 – 2:30 PM	Keynote - Evidence-Based Actional Items to Support Hormone Optimization for Warfighters	Dr. Kyle Gillett
2:30 – 2:40 PM	BREAK	
2:40 – 3:50 PM	Clinical Application/Current Research on TBI and Gut Microbiome	Dr. Lisa Brenner
3:50 – 4:00 PM	BREAK	
4:00 – 5:10 PM	Brain-Gut Axis Dysfunction in TBI: Therapeutic Considerations for Rebalancing GI Homeostasis	Dr. Julie Knoll

Wednesday August 3, 2022

Time	Title/Session	Speaker
8:30 – 8:35	Welcome, Opening Remarks	Committee
8:35 – 9:45 AM	Nutrigenomics	Dr. Michael Snyder
9:45 – 10:00 AM	BREAK	
10:00 – 10:20 AM	Sponsor Remarks	Drip Drop
10:20 – 11:30 AM	Personalized Hydration (Sponsored by Drip Drop)	Dr. Robert Kenefick
11:30 – 12:45 PM	LUNCH, Sponsored by Drip Drop	
12:45 – 1:55 PM	Nitric Oxide Utilization in Functional Medicine	Dr. Beth Shirley
1:55 – 2:50 PM	From the Field Breakout Sessions	
2:50 – 3:00 PM	BREAK	
3:00 – 4:10 PM	Mitigation & Treatment Strategies for Sleep & Circadian Optimization	Dr. Anne Germain
4:10 – 4:15 PM	Closing Remarks	Committee

Agenda subject to change

